

ACE NEWS

AMARILLO CITY EMPLOYEE NEWSLETTER



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Upcoming Events:

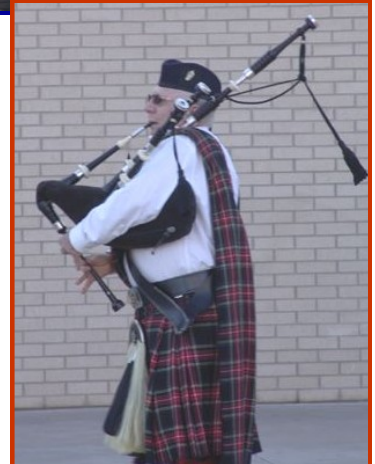
- 10/27 — Boo at the Zoo!
- 11/02 — United Way Chili Throw Down
- 11/30 — Electric Light Parade
- 12/07 — City-Wide Pot Luck Lunch

HAPPY HALLOWEEN

Special points of Interest:

- Flexible Spending Accounts
- United Way Golf Tournament

9/11 Day of Remembrance





K.C. Cook, Design Technician participated in the Tri-State Fair Parade on September 15, 2012



Left to right: Stojan Sain, Larry Hubbard and Richard Titus

Thank you Stojan, Larry and Richard for a Job Well Done!!

Garage Safety Improvements at the Transit Department's Garage

Stojan Sain, Larry Hubbard and Richard Titus all worked together to repaint the parking stalls, entrances, exits and poles in the Transit Department's parking garage. In an effort to improve operations and safety, the three decided to paint the poles with red and yellow alternating stripes and added a strip of reflective tape at the top. The group then painted new stripes on the floor that designated separate areas for vehicles and pedestrians. The parking stalls provide a guide when parking the buses and the walking lanes provide a zone for staff members to pass between the vehicles.



Dean Frigo, Asst. City Manager

With Flexible Spending Accounts (FSA) an employee can choose to set aside a portion of their salary to pay qualified medical expenses on a pre-tax basis. That means that the employee does not have to pay income tax or social security on the amount they choose to set aside. On the W-2 you receive the amount you contribute to the FSA is subtracted from your income.

During our open enrollment period, employees can designate the amount they want to contribute to the FSA account beginning in January. The maximum contribution beginning in 2013 is \$2,500 per year or \$96.15 per payday. Then the amount is deducted from the paycheck and set aside to pay for medical expenses not covered by our health plan such as deductibles and prescription co-pays. For example, if an employee designates \$1,300 to the FSA for 2013, the payroll deduction is \$50 per payday. While the employee pays into the account every payday, the entire amount is available to pay for qualified medical expenses at the beginning of the year.

There is a downside to FSAs. Once you authorized an amount to be withheld you cannot change it for the entire year. Any amount in the account that isn't used by March 15th of the following year is forfeited. Meaning the amount you designate in 2013 must be used by March 15, 2014. Therefore, you should only designate an amount you know you will use.



Amarillo Public Library Offers Improved Service with New Resources



Today's society is increasingly tied to technology for communication and information and the Amarillo Public Library is making it easier for patrons to access library assistance with two new services.

Library ELF is an online service that alerts patrons before library materials are overdue by sending email reminders. Subscribers can customize their alert preferences to receive a notice the day before materials are due, or several days earlier. Library Elf will also alert patrons when materials on hold become available and allow families to keep tabs on multiple Amarillo Public Library card numbers.



Text a Librarian powered by: mosio

Text-a-Librarian allows patrons to send a question directly to the library through a mobile phone text.

To use the service, patrons simply text askamapl to 66746 and then save 66746 in the mobile phone under the name askamapl.

Patrons can then send questions directly to that number where they will be received by the reference staff who will send the answer back as a reply.

Library Director says both services should make it easier for patrons to access Library services. "Library Elf should make it easier for patrons to return materials on time," says Littlejohn. "That means the books or movies are back on the shelves and available to others, and our patrons save money, so it's win-win."

Littlejohn adds that Text-a-Librarian is a natural extension of current services. "Texting is the way many people communicate today. This service provides an easy way for people to ask a question and it maintains the privacy of our patrons' information."



Facilities Department 2012 Summer Picnic

Bridger Howard, Assistant Manager Facilities



Facilities Department 2012 Summer Picnic was a success. There were many different activities to keep everyone busy with over a 100 or more employees and family members in attendance.

On August 11, the Facilities Department hosted a picnic located at El Alamo Park. Supervisors were challenged to produce a brisket to be judged by a randomly selected panel representing different areas of the department. A big congratulations is in order to Dennis Woolam for winning the Best Brisket Challenge. Over 60 pounds of meat was prepared (and consumed) during the event!



In addition to eating brisket, employees provided side dishes with an international flair, there were also many activities, including the splash pad, basketball, karaoke, and horseshoes.



5-year Vesting & Updated Service Credits Insurance Premium Changes Tuition Reimbursement

BENEFITS CORNER

Lori James, HR Director

On 09/18/12, the Mayor & City Commissioners approved the following:

- Funds are available for 2.75% increase for annual performance appraisals. You must have an overall performance rating of Good to receive the 2.75% increase. Hourly employees are eligible for a 2.75% increase on their hire date. Fire and Police officers will receive a 2.75% increase effective 09/20/12.
- Continuation of all certification & education (AFD & APD) pay
- Discretionary Retention Pay has been approved. Checks will be distributed on 11/16/12. Watch for more details to be published soon.
- TMRS received 2 upgrades. Beginning 01/01/13, the Updated Service Credits will be reinstated and 5-year vesting will be effective.
- Effective January 2013, per pay period amount for health coverage will be:
 - \$20.74 for Employee Only, change from \$20.53
 - \$56.29 for Employee & Children, change from \$55.73
 - \$66.51 for Employee & Spouse, change from \$65.85
 - \$106.26 for Employee & Family, change from \$105.21
- Effective January 2013, per pay period amount for dental coverage will be:
 - \$11.60 for Employee Only, change from \$11.05
 - \$20.42 for Employee & Children, change from \$19.45
 - \$21.87 for Employee & Spouse, change from \$20.83
 - \$30.63 for Employee & Family, change from \$29.17
- An array of voluntary benefits will continue...

United Healthcare Vision
The Standard – offering life & disability insurance
Aflac – offering Accident, Critical Illness, Hospitalization & Cancer policies
Nationwide – offering deferred Compensation

Tuition Assistance

The City of Amarillo has a wonderful benefit....tuition assistance. The program is available city-wide to grant employees financial assistance for courses that maybe directly related to the employee's present job duties or related to other job duties within the City. These courses can provide knowledge to enhance current skills and ability to complete present job duties and fulfill education requirements for other jobs within the City. Please keep in mind required job training is **not** covered by this program.



AMARILLO VENOM LSFL CHAMPIONS

Bo Fowlkes, Business Manager, Civic Center Administration



Amarillo Venom travelled to San Angelo to take on the Rio Grande Magic for the LSFL Championship. The Venom fell to Rio Grande two times during the regular season however they were determined to come out with a win in San Angelo. The Venom conquered the Magic with a 62-40 win and achieved the title of LSFL Champions. All of the Venom players, coaches, and staff are ecstatic about the win. This season could not have turned out better for the Venom. The last time the Venom won a championship was in 2004 with now Head Coach Julian Reese at Quarterback. Coach Reese won the Championship as a player his first year to play and has now won a championship as Coach during his first as Coah year for the Venom.

Raymond Johnson was named MVP of the Championship game. Johnson played an outstanding game including a touchdown pass which he caught while tumbling over the end zone wall. Coach Reese could not be happier with the performance of these athletes and is honored to have them as a part of the Amarillo Venom. The LSFL is comprised of indoor football teams located in Amarillo, Corpus Christi, Laredo, Odessa, Rio Grande and Abilene. Houston had a team through most of the season, but pulled out prior to the season's end. Expansion of the league is anticipated next season.



City employees pictured left to right are: Edward Villarreal, Christopher Post, Bo Fowlkes, Karen Shipley, Dorthy Brown and Cliff McElhaney (holding trophy)

MUD RUNNERS

Michelle Bonner, Finance Director



Imagine being forced out of bed one Saturday morning to run a 12-mile obstacle course full of hazards so harsh they're given names like "Berlin Wall," "Arctic Enema," "Mud Mountain," "Boa Constrictor," "Electric Eel," and finally, "Electroshock Therapy." And

further imagine that you weren't forced, but chose to participate in this event on your own! That is exactly what two City employees, Courtney Goodman-Morris (Legal) and Jennifer Gonzalez (Utility Billing) participated in on October 6, 2012. Both employees completed a **Tough Mudder**, which is a 12-mile obstacle course designed by British Special Forces to test participant strength, stamina, mental grit and camaraderie. Not only does this test a person's mental and physical limits, but these events have raised more than \$3 million for the Wounded Warrior Project.

Courtney participated with her husband Scott and was amazed at how the participants came together to help each other. Jennifer agrees that while the event is a race through mud and obstacles, it is the element of teamwork that make people feel successful and gives them the will to continue to strive for a "Never Give Up" attitude! If you think that you are up to the challenge, talk to Courtney or Jennifer to determine if you possess what it takes to endure it.



Left: Courtney Goodman-Morris and Scott Morris

Above: Jennifer Gonzalez



Employee Milestones

NAME	YEARS	DEPARTMENT
BALDIVIA HENRY	5	RIVER ROAD WATER RECLAMATION
MCCLENTON RHONDA	5	HIV PREVENTION & COUNCILING
POST CHRISTOPHER	5	CIVIC CENTER PROMOTIONS
PRESAS JOE L	5	PARK MAINTENANCE
RAMOS RUDY	5	WATER TRANSMISSION
SHORT GAYLON	5	SOLID WASTE COLLECTION
WOOD JOHN M	5	UTILITIES OFFICE
ANDERSON KIRK DANIEL	10	POLICE
BRADDOCK PAUL GENE	10	WATER TRANSMISSION
CARRILLO PETRA	10	RIVER ROAD WATER RECLAMATION
CECIL KAREN IVON	10	HARRINGTON LIBRARY CONSTORTIUM
CHRISTIAN WILLIAM HOWARD	10	SOLID WASTE DISPOSAL
COX WELDON BRUCE	10	POLICE
CRAFTON SHANE BRANDON	10	POLICE
DEWITT BILLY JAYSON	10	POLICE
GALLEGOS MICHAEL	10	POLICE
HIGGINS NOEL THOMAS	10	POLICE
RAMIREZ LORENZO	10	SOLID WASTE COLLECTION
ROBERSON TROY DUANE	10	POLICE
ROBERTS TIMOTHY RANDALL	10	POLICE
ROBERTSON JARROD WAYNE	10	POLICE
SANDERS EDDIE AARON	10	POLICE
SKAGGS JACKIE EDWARD	10	MUNICIPAL GARAGE OPERATIONS
SNELSON VICKY L	10	PARK MAINTENANCE
GIBBS MARIA T	15	RISK MANAGEMENT
LEAL LONITA	15	TRAFFIC FIELD OPERATIONS
BOHANNON ERICK B	20	POLICE
FRAUSTO VIOLA R	20	Human Resources
FUNTEK KENNETH A	20	POLICE
HAYS BEVERLY K	20	HOUSING ASSISTANCE
KIRKPATRICK JR JIM A	20	SOLID WASTE COLLECTION
LEE JOHN B	20	CUSTODIAL SERVICES
RENDON SALVADOR JR	20	SOLID WASTE COLLECTION
VOGEL THOMAS E	20	POLICE
WEST ROBERT H	20	POLICE
WILLIS MIKE E	20	POLICE
MAYES KIM C	25	PURCHASING
BOATLER TAMMY W	35	POLICE
TRACY TERRANCE M	35	POLICE

Utility Billing Payment Options

ELECTRONIC BILLING AVAILABLE (Ebill)

Easy as...

1. www.amarillo.gov
2. Click 'Open Utility Billing'
3. Utility Billing
Billing and Payment Options
4. Click Ebill
5. Click Enroll

Other Payment Options:

In Person: 509 Southeast 7th Avenue
You can pay our cashiers in person or drop your payment in our 24-hour night depository.

By Mail: P.O. Box 100, Amarillo, Texas 79105.

Night Depository: A night deposit drop box is located just outside the City Hall entrance (where) you can drop off your payments (no cash, please) 24 hours a day.

By Phone: 1-888-424-9203.

Online: Enroll with your email and password to save your account number and payment information. **One Time Payment:** Log in with your account number (no dash) and mailing zip code.

Drive Through: All Amarillo National Bank locations. Will only accept current bills before the due date.

Automatic Bank Draft: Complete the a **Bank Draft Authorization** form and mail, fax or bring to us with a voided check. Call 378-4272 for further information.

Local Payment Locations:

Western Union: \$1.00 fee added at these locations: **United Supermarkets, Taylor Furniture, Fiesta Foods, Mr. Payroll** located inside selected **Toot'n Totum Stores**. Fidelity Express: \$1.50 fee (We can verify payment online) **Grand Discount and K&T Discount**.

Practice Halloween Safety

October 31st falls on a Wednesday night this year. The streets will literally be crawling with all sorts of witches, ghosts, vampires and other goblins. This makes for added responsibility for drivers to make sure that they drive safer. Local churches, schools and malls will be conducting fall festivals, carnivals and alternative Halloween events. Trick or treating isn't what it used to be. Instruct your children that treats will need to be checked before eating. Make Halloween a safe and happy time.



FROM THE PANTRY

MARGARET PAYTON, MBA, RD



Autumn Butternut Squash Lasagna

Hands-on time: 1 hour 15 minutes

Total time: 2 hours

6 cups (½-inch) butternut squash, peeled and cubed
 2 tablespoons extra-virgin olive oil, divided
 2 tablespoons chopped fresh sage
 12 garlic cloves, unpeeled (about 1 head)
 1 teaspoon kosher salt, divided
 ½ teaspoon black pepper
 Cooking spray
 1 large onion, vertically sliced
 2 tablespoons water
 2 (9-ounce) packages fresh spinach
 5 cups 1% low-fat milk, divided*
 1 bay leaf*
 1 thyme sprig*
 5 tablespoons all-purpose flour*
 1½ cups (6 ounces) shredded fontina cheese, divided*
 ¾ teaspoon red pepper*
 ¼ teaspoon grated whole nutmeg*
 9 no-boil lasagna noodles

1. Preheat oven to 425° F.
2. Spray baking sheet with cooking spray.
3. Combine squash, 1 tablespoon oil, sage, garlic, ½ teaspoon salt, and black pepper in a large bowl; toss to coat. Arrange squash mixture on a baking sheet and bake at 425° F. for 30 minutes or until squash is tender. Cool slightly; peel garlic.

4. Place squash and garlic in a bowl; partially mash with fork.
5. Heat remaining 1 tablespoon oil in a large Dutch oven over medium-high heat.
6. Add onion and sauté 4 minutes. Reduce heat to medium-low; continue cooking 20 minutes or until golden brown, stirring frequently. Place onion in a bowl.
7. Add 2 tablespoons water and spinach to Dutch oven; increase heat to high. Cover and cook 2 minutes or until spinach wilts. Drain in a colander; cool. Squeeze excess liquid from spinach. Add spinach to onion.
8. Heat 4½ cups milk, bay leaf, and thyme in a medium saucepan over medium-high heat. Bring to a boil; remove from heat. Let stand 10 minutes.
9. Discard bay leaf and thyme. Return pan to medium heat.
10. Combine remaining ½ cup milk and flour in a small bowl. Add to pan, stirring with a whisk until blended. Bring to a boil; reduce heat, and simmer 5 minutes or until thickened, stirring constantly.
11. Remove from heat; stir in remaining ½ teaspoon salt, 1¼ cups cheese, red pepper and nutmeg.
12. Spray a 13 x 9-inch glass baking dish with cooking spray. Spread ½ cup milk mixture in bottom of the baking dish. Arrange 3 noodles over milk mixture; top with half of squash mixture, half of spinach mixture, and ¾ cup milk mixture. Repeat layers, ending with noodles. Spread remaining milk mixture over noodles. Bake 425° F. for 30 minutes, and remove from oven. Sprinkle with remaining ¼ cup cheese.
13. Preheat broiler.
14. Broil 2 minutes or until cheese is melted and lightly browned. Let stand 10 minutes before serving.

*Note: In order to save time, you can substitute 5 cups of already prepared Alfredo sauce and skip steps 8, 9, 10 and 11, reducing the amount of cheese required to ¼ c and eliminate the other ingredients required in these steps.

Yield: 8 servings (serving size: 1 piece)

Nutritional Information:

Calories 360; Fat 11.9g (sat 5.4g, mono 4.7g, poly 1g); Protein 16.6g; Carb 50 g; Fiber 6.5g; Chol 31mg; Iron 4 mg; Sodium 576mg; Calc 406mg



SAFETY CORNER

Charlie Sanchez, Safety Manager



All work boots are not created equal. The most common misconception about work boots is that they're all basically the same, when in fact they are really quite varied. For example, wedge type soles provide maximum surface contact and slip resistance ideally suited on smooth, potentially slippery concrete floors. However you'll find boots with a 90 degree heel on the outsole are better designed for traction or climbing. Different outsoles excel in different work environments; that's why it's important to choose the right features for your work environment.

Selecting footwear that fit properly is an extremely important factor to ensure comfort. When trying on boots, it's best to shop in the afternoon or early evening since your feet tend to swell throughout the day. It's more likely you'll select a size that will always feel comfortable, even while spending all day on your feet.

Is there a difference between steel toe and composite toe? Steel is the time-tested mainstay in toe protection. It is strong and remains the safety toe of choice for many people. However, toe caps, thermo formed from resins and fiberglass composites, are gaining popularity. They meet the American Standard for Testing Material (ASTM) F2413-11 for safety toes providing the same level of protection as steel. They may be lighter in weight, do not conduct

heat or cold in extreme temperatures like steel does. However, composite toes do need to be slightly bigger and thicker than steel toe caps in order to offer the same protection, so they tend to make the boots look bigger and fit differently. While you think you are saving weight by choosing composite versus steel, you may actually be gaining weight in the boot overall due to increased material needed to offer the same level of protection.

Regularly brushing away surface dirt and grime with a soft brush will help maintain the look of your footwear. If your boots are dirty, clean your boots with a damp cloth or leather cleaner such as Saddle Soap. The life of the boots can be extended by conditioning the leather on a regular basis to keep it supple and moisturized.

Choose the right fit and the right style for the job you do. Remember, **IF YOUR FEET HURT, THE REST OF YOUR BODY HURTS!**



Above: Dave Clark, Meter Rep., Water Distribution

Below: Rodney Ramiez, Design Tech II, Director of Utilities



WELCOME...

Name	Title	Department	Name	Title	Department
Thomas Zion	Building Mechanic 1	Facilities	Cody Rankin	Firefighter	Fire
James Lester	Residential Equipment Operator	Solid Waste Collection	James Arredondo	Firefighter	Fire
Corey Simms	Residential Equipment Operator	Solid Waste Collection	Jeremy Busse	Firefighter	Fire
Ryan Boughan	Residential Equipment Operator	Solid Waste Collection	Jerrod Busse	Firefighter	Fire
Kathy Parsons	Admin Assistant 1	Police Civilian Personnel	Brad Fisk	Firefighter	Fire
Jamie Granado	Admin Assistant II	Police Civilian Personnel	Tristan Hilton	Firefighter	Fire
Danielle Niimi	Animal Control Officer	Animal Control	JMichael Larson	Firefighter	Fire
Michael West	Utility Worker	Park Maintenance	Matthew Moss	Firefighter	Fire
Adam Patton	Utility Maintenance Mechanic 1	Surface Water Treatment	Jacob Reynolds	Firefighter	Fire
Nelson Cardwell	Utility Worker	Water Distribution	John Stamper	Firefighter	Fire
Joshua Jefferson	Utility Worker	Wastewater Collection	Kip Hookstra	Bus Driver	Transit
Roger Johnson	Lift Station Maintenance Mechanic	Wastewater Collection	Jason Somerville	Bus Driver	Transit
Juan Villarreal	Lift Station Maintenance Mechanic	Wastewater Collection	Abdiel Aleman	Bus Driver	Transit
Connie Field	Treatment Plant Operator 1	River Road WWT Plant	Isiah Nolan	Mechanic Apprentice	Transit
Jerkorrie Talley	Treatment Plant Operator 1	River Road WWT Plant	Kelyn Williams	Mechanic Apprentice	Transit
Derrick White	Treatment Plant Operator 1	Hollywood Road WWT Plant			
James Farmer	Electrician 1	Hollywood Road WWT Plant			
Jason M Williams	Industrial Waste Inspector	Environmental Laboratory			
Edith Pyles	Custodian 1	Dept of Aviation			
James Stout	Utility Worker- hrly	Solid Waste Disposal			
Tiffani Conway	Emergency Comms Specialist -hrly	Emergency Communications Center			
Erin Young	Emergency Comms Specialist -hrly	Emergency Communications Center			
Mistin Ngamkhao	Emergency Comms Specialist -hrly	Emergency Communications Center			
Alexandra Rodriguez	Emergency Comms Specialist -hrly	Emergency Communications Center			
Darla Davis	Emergency Comms Specialist -hrly	Emergency Communications Center			
Tiffany Arend	Emergency Comms Specialist -hrly	Emergency Communications Center			
Lindzee Roten	Emergency Comms Specialist -hrly	Emergency Communications Center			
Emily Sablatara	Emergency Comms Specialist -hrly	Emergency Communications Center			
Adrienne Soto	Emergency Comms Specialist -hrly	Emergency Communications Center			
Dewey Ward	Range Officer-hrly	Police Civilian Personnel			
Peggy Perkins	School Crossing Guard -hrly	Traffic Engineering			
Alexandria Thomas	Messenger- hrly	Purchasing/Central Stores			



Paul Bourquin
Fire Marshall — 11 years

Congratulations!

Promotions/Transfers

Name	OLD Title	Department	NEW Title	Department
Christopher Melton	Utility Worker-hourly	Solid Waste Collection	Utility Worker	Solid Waste Disposal
T Renee Stovall	Events Coordinator- hourly	Parks & Recreation	Admin Assistant V	Parks & Recreation
Thad Diaz	Traffic Control Specialist	Street	Street Foreperson 1	Street
Robert Goodman	Utility Worker-hourly	Street	Utility Worker	Street
Jason Srader	Utility Worker	Water Distribution	Residential Equipment Operator	Solid Waste Collection
David Borron	Officer	Police	Corporal	Police
Gerardo Bribiesca Jr	Corporal	Police	Sergeant	Police
James Clements	Corporal	Police	Sergeant	Police
James Ingle	Corporal	Police	Sergeant	Police
Anthony Kennedy	Officer	Police	Corporal	Police
Adam Marcum	Officer	Police	Corporal	Police
Greg Thacker	Utility Worker - hourly	Solid Waste Disposal	Utility Worker - hourly	Ross Roger Golf Course
Remington Rucker	Golf Equipment Mechanic	Ross Rogers Golf Course	Mechanic 1	Fire Civilian Personnel
Lisa Lee	Administrative Assistant III	Community Development	Administrative Technician	Public Health
Patrick Owens	Lift Station Maintenance Mechanic	Wastewater Collection	Electrician 1	River Road WWT Plant
Shawn French	Mechanic Apprentice	Municipal Garage	Mechanic II	Municipal Garage
Howard Harlow	Mechanic Foreperson II	Municipal Garage	Asst. Shop Superintendent	Municipal Garage
Alex Price	Utility Worker	HRWWT Plant	Utility Maintenance Mechanic 1	HRWWT Plant
Lou Ann Brown	Admin Assistant II - hourly	Police Civilian Personnel	Admin Assistant II	Police Civilian Personnel
Lance Kirksey	Utility Maint Mechanic Leader	Wastewater Collection	Sewer Foreperson	Wastewater Collection
Stephen Owen	Meter Service Representative	Water Distribution	Meter Service Rep 1	Water Distribution
David Boatman	Meter Service Representative	Water Distribution	Meter Service Rep 1	Water Distribution
Vicky Daniel	Admin Assistant 1	Surface Water Treatment	Admin Assistant III	Surface Water Treatment
Toni Berry	Admin Assistant III	Benefits	Admin Assistant V	Benefits
Michelle Ramirez	Admin Assistant I	Traffic Field Operations	Admin Assistant II	Traffic Field Operations
Jenifer Ledbetter	Planner 1	Urban Trans. Planning	Management Analyst	Urban Trans. Planning
Ivonne Padilla	Accountant II	Accounting	Accountant III	Accounting

Send your comments,
suggestions and ideas to:

City Secretary's Office
City Hall
509 Southeast 7th Avenue,
Room 303
Phone:
(806) 378-3014
Fax:
(806) 378-9394
Email:
frances.hibbs@amarillo.gov

We're on the Web!

See us at:
www.amarillo.gov

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address to save on
printing and postage



Golf Tournament



"Thank you to everyone who participated in the United Way golf shootout. Congratulations to Charlie Sanchez, Jeff Yarber, Bill Parker, and Lou Hurst for taking first place! Second place winners were Terry West, Jimmy Ramirez, Clay Collier and Monty Johnson."



ACE on the Spot — CityCare

Blair Harris, Management Analyst

Coughs and sneezes are familiar sounds in the waiting area of CityCare, 808 S. Buchanan. You wake up feeling bad, you call CityCare, and in most cases you are seen the same day. This benefit is available to all City employees covered under the City's Health Plan. All clinic visits are free and most patients can be seen within 24-hours of the time they call to schedule. What you may not realize, is that CityCare is prepared to be your primary healthcare provider. CityCare is equipped to care for your whole family, age 1 and up, for well visits and acute illnesses. That means you can call them for your annual physical and lab work, as well as your sore throat. There will never be a charge to you!

Some things to remember about the clinic:

- Anyone who is covered under the City's Health Plan may go to CityCare, free of charge.
- Please call to make an appointment. It keeps wait times down.

- All patients must be at least one-year old.
- You and your children may have your annual physicals and immunizations done at CityCare.
- CityCare has two full-time and one part-time providers to meet your needs.
- CityCare begins seeing patients at 7:30 a.m.
- Always call if you need to cancel an appointment so that other employees do not have to wait any longer than necessary.
- If you see another doctor, CityCare cannot order labs or X-rays. You must be seen at the clinic for this benefit.
- Part-time employees can call Benefits to learn more about their options.
- Take advantage of this great benefit! Call **378-9090** to schedule appointments.

First row left to right: Jessica Hanson, Kristin Rattray, Dr. Marichu Balmes, Cecilia Araujo

Back row left to right: Lorraine Lucero, Jamie Moore, Kay Langham, Gerald Ashley, Teri Britton

